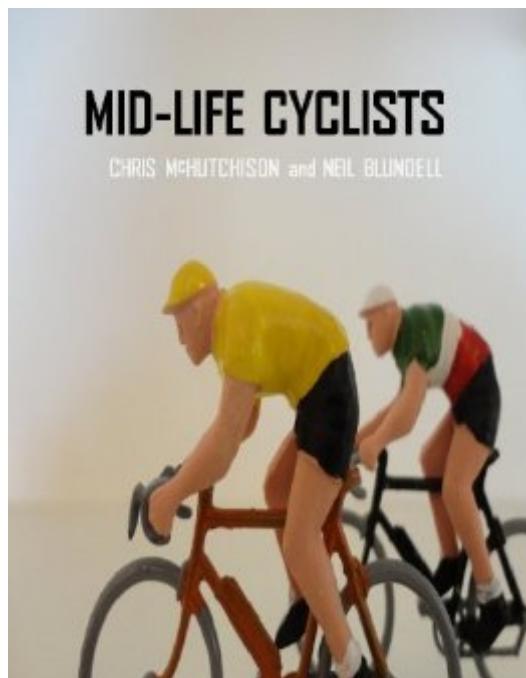


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# Mid-life Cyclists



## **Synopsis**

Cycling has slowly developed into a passion for many men in their thirties and forties as they form new and intense bonds with their middle years, bike riding and endurance events. This is the account of Chris, an Australian, who took up cycling in order to win over his Belgian girlfriend and her cycling obsessed father, and Neil, a Briton, who took up cycling when he realised it was the last sport left for him to try. Together they are two friends entering their midlife crisis years in a hurry, on bikes. Although living thousands of miles apart on different continents, Neil and Chris join forces through this addiction to cycling and play out an unforgettable and funny path to cycling greatness on the fields of Hong Kong, Sydney, England, Flanders and the French Alps. They lay it all out here; the training, the kit buying, the crashes, the clashes between family time, work time and cycling time, and the harsh realities of cycling together on the European continent alongside experienced club riders. This is a wonderfully humorous tale exposing the light-hearted determination of midlife cyclists everywhere.

## **Book Information**

File Size: 463 KB

Print Length: 213 pages

Publisher: Chris McHutchison and Neil Blundell; 1 edition (December 1, 2012)

Publication Date: December 1, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B00AGRINP6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #113,548 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #38

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Cycling #108

in Books > Sports & Outdoors > Individual Sports > Cycling #289 in Kindle Store > Kindle eBooks > Biographies & Memoirs > Sports & Outdoor

## **Customer Reviews**

The main premise of this book is two guys meet at work, build a friendship, and then, after returning

to their homes in different countries, decide to do some rides together, especially a big one like Le Tour (you can read "French Revolutions" a similar story, which covers someone who does the Tour on their own). The layout of this book is that each of the two authors writes a chapter and then the other writes one covering the same topic so you get two different takes on the same thing. I found this worked extremely well when they go on a ride in Belgium with one of the author's father-in-law's bike club. It was interesting to hear how each author heard things slightly differently. Personally, I am not one of those people who thinks that if you haven't spent over 5K for your bike that you aren't worth talking to or about, so, I thought the one author's "you have to buy the best to look the best to be the best" theory was lame and the reliance on that as a plot vehicle got tired very fast.

Something the tale proves when one of the authors has to ride the semi-vintage ladies older non carbon bike. I also don't believe in wearing consumer versions of professional team's team kit, so their reliance on how they looked dragged on for me. Having said all of that I still enjoyed the read. It was pretty quick, the plot kept moving, and the story kept me interested.

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